

Live From Rungis 30th June 2010



We enjoyed tasting some superb white flat peaches from Spain this morning. A good size now and sweet and very juicy.



Summer cauliflower (right) are getting really good this week. We loved the Romanesco (left) seen on the market quality is getting better and better each arrival and prices are slowly getting reasonable.



Good quality boat mangoes have begun again as the season starts in Senegal. Very good air freight fruit is also available from there and superb fruit from Mexico too. All are the Kent variety.



This picture is a good example of how the French are passionate about courgette. Produced in Provence these courgettes are carefully hand packed in 5 or 9kg boxes.



Spanish stone fruit still has the edge quality wise as their season is in full swing. These are yellow AAA calibre fruit and are packed only 16-18 fruit to the standard sized box.



Already here!!!! New season beetroot Chioggia, Golden and White have arrived this week from Brittany.



Trompette arrived from Bulgaria today and although not that dark, they are good and dry with some aroma. On the right is a comparison of imported girolle sizes we currently offer.

